

Edimburg, May the 18th, 2018

To whom it may concern

Easy-Prot'95 – Protein Feedback

This protein would be a perfect supplement for aiding you to hit daily protein goals in your diet. Helping anyone get the many benefits which protein provides, in a very easy and convenient shake which will accommodate many lifestyles. The great volume (grams) of protein per scoop will support muscle protein synthesis, good for all essential building and repair processes in the body as well as alleviating many other conditions which come hand in hand if someone had an insufficient protein intake! It's extremely versatile as an unflavoured form and could easily be flavoured with any flavour drops to suit any individuals taste buds. Lastly, it can support anyone who is looking to achieve fat loss too by helping get protein into the body but with very little calories to worry about. Great, easy to use, and high-quality product to help optimise anyone diet!

Conor Mclean

Qualifications and Merits:

Sports and Exercise Science (2:1) Hons

Personal Trainer

Exercise Referral Specialist

Level 4 Obesity and Diabetes Management Specialist

Fitness Education Tutor

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